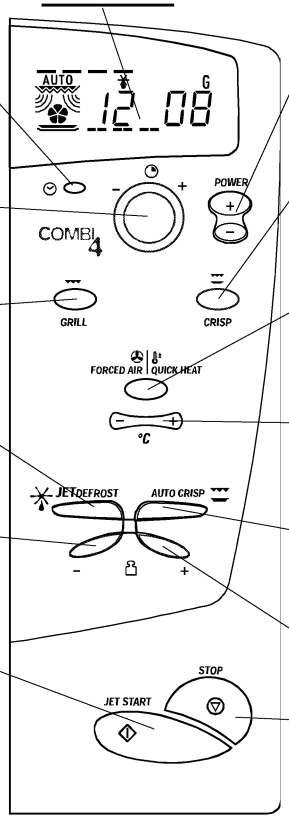
GB 6MD 364

QUICK REFERENCE GUIDE

CONTROL PANEL

Digital display.
The display includes a 24-hour clock and indicator symbols.



Clock button.
Use to select the 24-hour clock or Independent timer.

Adjust knob.
Use to set the cooking time, time of day or weight.

Grill button.
Use to select the grill function.

Jet Defrost button. Use to select type of food to be defrosted.

Weight button.
Use to decrease the weight.

Jet Start button.
Use to start the cooking process or invoke the Jet Start function.

Power button.
Use to set the microwave power level.

Crisp button.
Use when cooking with the Crisp plate (manually).

Forced air button
Use to select the Forced air function and temperature.

Temperature button.
Use to set the desired temperature.

Auto Crisp button.
Use to select one of 4 food classes.

Weight button.
Use to increase the weight.

Stop button.
Use to stop or reset any of the oven functions.

JET START FUNCTION

This function is used for quick reheating of foods with a high water content such as; clear soups, coffe or tea.

Press to automatically start with full microwave power level and the cooking time set to 30 seconds. Each additional press increases the time with ½ min. You may also alter the time by turning the Adjust knob to increase or decrease the time.
This button also works as a normal start button after setting a function.

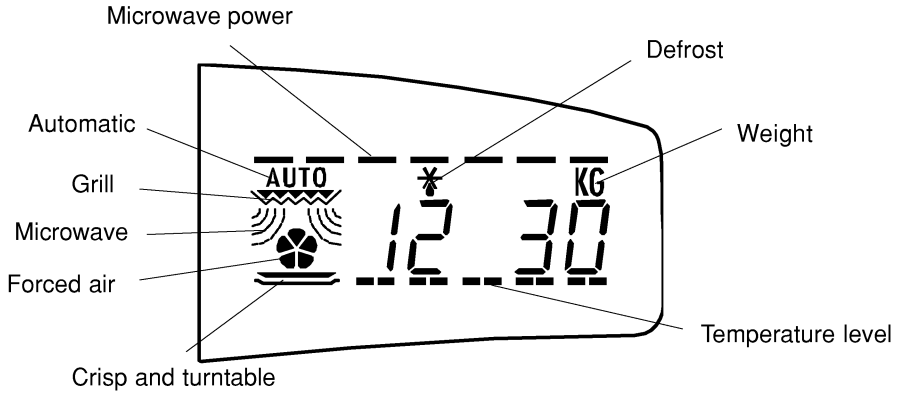
MANUAL DEFROSTING

This function is used for defrosting foods not included in the Jet defrost function.

Follow the procedure for "How to cook and reheat with microwaves" and choose 160 W when defrosting manually.

Consult the defrosting charts in your cookbook for further advice on defrosting.

DISPLAY INDICATORS



HOW TO CHOOSE POWER LEVEL MANUALLY

MICROWAVES ONLY

Level		To be used for:
JET		Reheating of beverages, water, clear soups, coffee, tea or other food with a high water content. If the food contains egg or cream choose a lower power.
750 W		Cooking of vegetables, fish, meat etc.
650 W		Cooking dishes, not possible to stir.
500 W		More careful cooking e.g. high protein sauces, cheese and egg dishes and to finish cooking casseroles.
350 W		Simmering stews.
160 W	✳	Defrosting.
90 W		Softening butter, cheeses and ice cream.
0 W		Setting the standing time.

MICROWAVES & GRILL

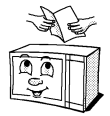
Level	To be used for:
90 - 160 W	Large cuts of meat
160 - 350 W	Fish
350 - 500 W	Poultry
500 - 650 W	Gratin's

MICROWAVES & FORCED AIR

Level	To be used for:
90 - 160 W	Cakes, bread, roasts
160 - 350 W	Baked fish, fish gratin's

ACCESSORIES

Turntable support
Glass turntable
Crisp Handle
Crisp-plate
Grill grid
Baking grid



NOTE: Never operate the oven empty when using microwaves

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QUICK REFERENCE GUIDE

GRILL

Use this function when cooking:
- Cheese toast & Hot sandwich
- Sausages
- Grill spit
- Pommes Duchesse
- Gratinated fruit

GRILL & MICROWAVES

Use this function when cooking:
- Potatogratin
- Fishgratin
- Chicken pieces
- Lasagne
- Stuffed vegetables

JET DEFROST

Use this function for defrosting ONLY. Jet Defrost can only be used for very fast defrosting of frozen foods belonging to the 5 categories listed below. Use manual defrost for other foods or weights not listed.

1 MEAT
(100 g - 2 Kg)

2 POULTRY
(100 g - 3 Kg)

3 FISH
(100 g - 2 Kg)

4 VEGETABLES
(100 g - 2 Kg)

5 BREAD
(100 g - 2 Kg)

Please consult the "Instructions For Use" - manual for more precise instructions on how to use this function.

QUICK GUIDE

1. **Press the Jet Defrost button** to select the food you want to defrost. To change the food selected, press the button again.

2. **Press the Weight buttons** to input the weight of the food.
— The weight of the food is shown in the display.

3. **Press the Jet Start button** to start the oven.

4. **Midway thru** the defrost process, the oven STOPS and prompts you to "TURN FOOD":
— Don't use the stop button!
— Just open the door and turn the food.
— Close, and restart with the Jet Start button.

PLEASE NOTICE

To achieve perfect results it is NECESSARY to:
— Input, with the max. possible precision, the WEIGHT of the food selected.
— Turn the food when the oven prompts you to do so.

Automatic but less perfect results:
If you do not turn the food when the oven prompts you to do so, the oven will AUTOMATICALLY RESTART after 2 minutes. The oven then completes the defrosting process. The defrosting time will be longer in this case and the result will be less perfect than it would have been if you had turned the food when prompted to do so.

CRISP

Use this function when cooking:
- Pizza
- Quiche & Pie
- Chicken halves or quarters
- Egg & Bacon
- Fried sausages
- Fruit cakes
- Snacks

The Crisp plate may be pre-heated before use (max 3 min).

FORCED AIR

Use this function when cooking:
- Cookies & Meringues
- Sponge cakes
- Rolls & buns
- Soufflé
- Roast meat
- Roast chicken

Cooking is done at a slightly lower temperature than conventional cooking. Eg. if the recommended temperature for conventional cooking is 200°C, you should choose 175°C.

FORCED AIR & MICROWAVES

Use this function when cooking:
- Baked fish
- Roast meat
- Roast chicken
- Sponge cake
- Puddings

Combined cooking needs higher temperatures. Eg. if you usually cook a recipe at 175°C, you should raise the temperature by aprox. 25°C, to 200°C when using this function.

AUTO CRISP

Use this function to quickly reheat your food in one step from frozen to serving temperature.

Auto Crisp is used only for frozen ready made foods.

The oven needs to know the type of food and the net weight of it. Choose among 4 foodclasses:

1 POTATO PRODUCTS
(200 - 600 g)
- French fries
- Pommes chateau
- Croquette potatoes

2 PIZZA'S (200 - 600 g)

3 CHICKEN NUGGETS
(200 - 600 g)

4 QUICHE & PIES
(200 - 600 g)

TECHNICAL SPECIFICATION

Supply voltage	230 V/50 Hz
Rated Power Input	2400 W
Fuse	16 A
MW output power	800 W
	H x W x D
Outer dimensions:	330 x 553 x 537
Oven compartment:	227 x 372 x 395

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NOTE: Never operate the oven empty when using microwaves